

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Grapefruit/Prunes Cereal/ Toast with Assorted Preserves Bacon/egg Tea/coffee/Fruit juice Fruit Teas	Grapefruit/Prunes Cereal/ Toast with Assorted Preserves Bacon/egg Tea/coffee/Fruit juice Fruit Teas	Grapefruit/Prunes Cereal/ Toast with Assorted Preserves Bacon/egg Tea/coffee/Fruit juice Fruit Teas	Grapefruit/Prunes Cereal/ Toast with Assorted Preserves Bacon/egg Tea/coffee/Fruit juice Fruit Teas	Grapefruit/Prunes Cereal/ Toast with Assorted Preserves Bacon/egg Tea/coffee/Fruit juice Fruit Teas	Grapefruit/Prunes Cereal/ Toast with Assorted Preserves Bacon/egg Tea/coffee/Fruit juice Fruit Teas	Grapefruit/Prunes Cereal/ Toast with Assorted Preserves Bacon/egg Tea/coffee/Fruit juice Fruit Teas
Morning Tea	Fresh Fruit/Biscuits Tea/Coffee/Fruit Teas	Fresh Fruit/Biscuits Tea/Coffee/Fruit Teas	Fresh Fruit/Biscuits Tea/Coffee/Fruit Teas	Fresh Fruit/Biscuits Tea/Coffee/Fruit Teas	Fresh Fruit/Biscuits Tea/Coffee/Fruit Teas	Fresh Fruit/Biscuits Tea/Coffee/Fruit Teas	Fresh Fruit/Biscuits Tea/Coffee/Fruit Teas
Lunch	Lamb Cutlets with Creamed Corn and chopped Zucchini Or Tuna Salad Choice of Herb crust potatoes or Fondant Potatoes _____ Steamed Pineapple + Toffee Sponge with custard Or Fruit + Cream Fresh Fruit Tea/Coffee/Fruit Teas	Pork + Apple Casserole With Mash Potatoes and Seasonal Veg Or Vegetable Lasagne with cheese and garlic bread _____ Bread and Butter Pudding Or Apple Pie with cream Fresh Fruit Tea/Coffee/Fruit Teas	Roast Beef + Yorkshire Pudding Roast Potatoes Seasonal Veg Or Salmon + Broccoli Fish Cakes with Seasonal Veg and New Potatoes _____ Sticky Toffee Pudding with Custard Or Jam Roly Poly Fresh Fruit Tea/Coffee/Fruit Teas	Braised Chicken in Lemon Sauce with Creamy Mash Potato + seasonal Veg Or Roasted Vegetable Quiche with Salad _____ Creamy Pineapple slices with Fruit Salad Puree Or Chocolate Mousse Fresh Fruit Tea/Coffee/Fruit Teas	Cod + Chips with peas Or Caramelised Red Onion + Feta Tart with New Potatoes + Salad _____ Homemade Rice Pudding Or Chocolate + Hazelnut Meringue Roulade + Cream Fresh Fruit Tea/Coffee/Fruit Teas	Chicken Curry with vegetable rice Or Vegetable crumble _____ Chocolate Pudding Or Baked egg custard with a Berry Compote Fresh Fruit Tea/Coffee/Fruit Teas	Roast Turkey with Cranberry Sauce Roast Potatoes + Seasonal Veg Or Jacket Potato with choice of filling and Salad _____ Trifle Or Fruit Crumble and Custard Fresh Fruit Tea/Coffee/Fruit Teas
Afternoon Tea	Selection of Biscuits/Cakes Tea/Coffee/Fruit Teas	Selection of Biscuits/Cakes Tea/Coffee/Fruit Teas	Selection of Biscuits/Cakes Tea/Coffee/Fruit Teas	Selection of Biscuits/Cakes Tea/Coffee/Fruit Teas	Selection of Biscuits/Cakes Tea/Coffee/Fruit Teas	Selection of Biscuits/Cakes Tea/Coffee/Fruit Teas	Selection of Biscuits/Cakes Tea/Coffee/Fruit Teas
Supper	Sardines on Toast Minestrone Soup Filled Baguettes _____ Fruit Trifle Cheese and Biscuits Tea/Coffee/Fruit Teas	Tuna Pasta Salad Cheese + Onion Pasties Broccoli and Salmon Quiche _____ Baked Egg Custard Tart Victoria Sandwich Tea/Coffee/Fruit Teas	Cauliflower Cheese Choice of Sandwiches Leek and Potato Soup _____ Coffee + Walnut Cake Cheese + Biscuits Tea/Coffee/Fruit Teas	Cheese+Ham Omelette Selection of sandwiches Vegetable Soup _____ Carrot Cake Brownies Tea/Coffee/Fruit Teas	Pumpkin Soup Salad Toasted Sandwiches _____ Cheese + Biscuits Jelly + Ice Cream Fruit Tea/Coffee/Fruit Teas	Cheese + Bacon Muffins Pea + Ham Soup Sandwiches _____ Pumpkin Scones Fruit Slice Tea/Coffee/Fruit Teas	Chicken Patties Omelette Sandwiches _____ Eton Mess Cheese + Biscuits Tea/Coffee/Fruit Teas